

Maximize Your Health & Wealth with Nutritional Cleansing!

Host: Lisa Gelberg, Massage Therapy for Women

SATURDAY

January 2, 6:00 p.m.

Join us to hear from Laura Scata, a nutritional cleansing expert, holistic health counselor on how to:

- **REDUCE UNHEALTHY CRAVINGS**
- **RENEWED ENERGY & MENTAL CLARITY**
- **YOUTHFUL SKIN & HAIR**
- **ENJOY BEING COMFORTABLE IN YOUR CLOTHES AGAIN**
- **LEARN HOW TO RELEASE WEIGHT WITHOUT FEELING MOODY, DEPRIVED OR TIRED.**

Nutritional Cleansing, Toxicity, Weight Issues AND

How this wellness model is sweeping the nation by storm!

Location: Massage Therapy for Women

1850 Silas Deane hwy-Rocky Hill

SEATING IS LIMITED! PARTICIPANTS MUST PRE-REGISTER.

To join us, contact Lisa Gelberg at 860-257-3995/lgelberg@yahoo.com

www.shakeandcleanse.net

www.Drspeaksout.com

www.LisaGelberg.Isagenix.com