



## Pregnancy Massage: Advanced Technique and Theory

14 CE's, two day weekend workshop from 9:00am – 5:00pm each day

\$375.00 fee

Certificate of Achievement awarded

### **Topics covered include:**

- Massage techniques specific to Pregnancy Massage for each trimester
- The four key positions for giving Pregnancy Massage
- Appropriate draping techniques
- Precautions and contraindications
- Addressing the physical changes of each trimester
- Addressing the emotional changes of each trimester
- Addressing the Health Form
- High risk pregnancy
- Promotional and Marketing Strategies

Lisa A. Gelberg is a graduate of the Connecticut Center for Massage Therapy (CCMT). She also earned an Associate's Degree in Arts from Dean College in Franklin, MA. Lisa's professional experience includes an ongoing commitment and passion for her, now, twelve year old women's only massage therapy practice.

During this time she has honed many techniques designed to help the pregnant women with such symptoms as sciatica, carpal tunnel syndrome, lower back stiffness, numbness and tingling in hands and feet, sinus pain, headaches and TMJ pain. She has a breadth of experience dealing with young mothers, high risk mothers, infertility, as well as miscarriage. She is the proud mother of Ian, 8 years old and Liam, 2 years old. If you are looking for a new modality to enhance and elevate your practice, this dynamic two day seminar is the course for you. You will come away with enhanced knowledge, passion and a unique understanding of Pregnancy Massage.

**Pregnancy Massage  
Advanced Technique and Theory  
Lisa A. Gelberg, LMT**  
NCBTMB Approved Provider #450858-08  
Connecticut Massage Therapy License #001913

Please Select Your Session Below		
<input type="checkbox"/> Rocky Hill, CT <b>November 21&amp;22 2009</b> 9:00 am - 5:00 pm	<input type="checkbox"/> Rocky Hill, CT <b>February 13&amp;14 2010</b> 9:00 am - 5:00 pm	<input type="checkbox"/> Rocky Hill, CT <b>March 13&amp;14 2010</b> 9:00 am - 5:00 pm
<input type="checkbox"/> Register thru AMTA <b>April 11, 2010</b> <b>Ct Chapter AMTA mini - 6hr course</b> 9:00 am - 5:00 pm		

(Includes FREE PARKING at all locations for workshop participants)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Home #: \_\_\_\_\_ Work #: \_\_\_\_\_

Cell #: \_\_\_\_\_

Email: \_\_\_\_\_

LMT License#: \_\_\_\_\_

Enclosed is my payment of \$375.00 .  
 Make checks/money orders payable to : **Lisa Gelberg**

Mastercard/ visa acct# \_\_\_\_\_ Exp \_\_\_\_\_

**Mail this completed form and payment to:**

Lisa A. Gelberg  
 20 Middletown Ave  
 Wethersfield, CT 06109

**Cancellation Policy:** Payment is non-refundable. However, it can be applied to a future Pregnancy Massage workshop.

For more information: contact Lisa Gelberg at 860-257-3995, email [massage@lisagelberg.com](mailto:massage@lisagelberg.com) or visit [www.lisagelberg.com](http://www.lisagelberg.com).